

Crew Rest

GMT	Crew	Activity
06:00–06:10		Morning inspection
06:10–06:40		Post-sleep
06:40–07:30		BREAKFAST
07:30–07:45	FE-2	Increment 4 payload status check
08:30–08:35	CDR	Downlink of ?? counter data
08:35–08:40		Downlink of ??? data
08:40–08:50		Replacement of ?? 2 filter assembly in ??0501
09:30–11:00	FE-1	Physical exercise (RED)
11:00–11:40	FE-1	Maintenance of ?? ?
12:10–13:10		LUNCH
14:10–14:25	CDR	Private family conference (<i>S-band</i>)
14:30–16:00	FE-2	Physical exercise (RED)
15:00–16:00	FE-1	Physical exercise (TVIS)
16:00–17:00	FE-2	
17:05–17:20	FE-1	Private family conference (<i>S-band</i>)
17:30–17:45	FE-2	Private family conference (<i>S-band</i>)
17:55–18:25		Daily plan review
18:25–18:40		Daily planning conference (<i>S-band</i>)
18:40–19:10		Report prep
19:30–20:00		DINNER
20:00–20:30		Daily food prep
20:30–21:30		Pre-sleep
21:30–06:00		SLEEP

Notes: 1. See OSTP for references to US activities
2. CDR: URAGAN Earth Observations

End of radiogram